

This is the way we pray to God



You can pray anywhere, any time but it can help to find a place where you feel safe & won't be disturbed. You could hold a cross, or hold out your hands.

Sing a song:

God be with me,
*God within me,
God behind me,
God before me,
God beside me,
God to win me,
God to comfort me and love me.
God below me,
God above me,
God in quiet,
God in danger,
God in friends
God in family,
God who cares for me for ever*

Morning Prayers

Thank you for keeping us safe in the night. Bless everything we will do today, and help us to be a blessing to those we meet.

Song:
Thank you God for this new day, Right where we are.
(then add your own ideas!)

Getting dressed



As I put on my clothes, help me also to put on goodness, truth, patience, love, and kindness, and wear them all day.



Food Prayers



Thank God for all who helped make your food, from the farmer to the cook!

Say grace before you eat:
Thank you for food and people to share it with; bless those who have neither.

Pray for others

Write the names of the people you want to pray for on a paper people chain.



Or start a prayer album, using photographs of people you want to pray for. Or stick photos to a big paper heart.

Pray for a place



Get a map of your local area, or of the world, and trace your fingers along the streets, or round the countries. God loves the people in those places, so ask him to bless them all.

Pray in the night

He's got the whole world in his hands...

Lord, give me a peaceful night. I am safe in your hands, and the people I love are safe in your hands too.

This little light of mine...



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